



Biography of Michelle Johnson, Naturopathic Doctor

Dr. Michelle Johnson has had a private healing practice in Las Vegas, Nevada since 1981, and has had a passion for wellness all her life. In her work, she brings a deep understanding of the uniqueness of the individual and the connection between health and balance in body, mind, and emotion. Her vast range of training has been designed to give her the tools for diagnosis and treatment on all three levels. As a doctor, educator, and wellness facilitator, she supports and encourages her patients in their personal commitment to wellness and gives them the knowledge and tools essential to their path to wholeness.



She is a life-time student of herbology, trained by her grandmother and aunt (both master herbalists) from her early years. As an adult, her son's health problems led her to the study of other alternative medicine and holistic solutions, and she became a certified applied kinesiologist, receiving credentials from Touch for Health Foundation (America & Australia), Advanced Kinesiology Center of Australia, and Three In One Concepts. Kinesiology enables her to tap into the body's own wisdom in order to know how to balance its energy systems. Three-in-One concepts address emotional components. She is also certified to work with a kinesiology-based program called Contact Reflex Analysis, which works with reflex points in the body to identify emotional, mental, and physical imbalances on a more detailed and specific level than the other disciplines.

Dr. Johnson has a degree in Homeopathy from the British Institute for Homeopathy, and is a founding member of the Las Vegas Homeopathic Study Group. Use of homeopathic remedies took her herbal knowledge to a more subtle energy level.

She graduated as a Naturopathic Doctor from Clayton School for Natural Healing, Birmingham, Alabama, in 1995.



Other certifications include Reiki and Stress Management concepts. Emotional stress underlies every physical ailment, and when addressed appropriately, can alter chemical messages and actually reduce symptoms and pain in the body. Dr. Johnson is currently working with a program called Thought Field Therapy, which almost instantly provides highly noticeable results in eliminating or dramatically reducing fears, phobias, unconscious behaviors/habits, depression and other emotionally-based issues that prevent people from truly living life consciously and with intent.

In her practice, she serves as a primary care provider, as well as specializing in hormone imbalances, attention deficit disorder, heart disease, clinically designed nutrition, stress management and reduction, detoxification protocols, allergy identification and desensitization, and other health challenges. She also works as an independent contractor for Diagnose-me.com, an on-line health diagnostic resource where she provides diagnostic reviews and follow-up consultations.

In addition to her private practice, Dr. Johnson teaches classes on applied kinesiology and Touch for Health principles.

In 2007, Dr. Johnson was nominated and accepted into Cambridge Who's Who, a prestigious honor recognizing her contributions to the field of alternative health care.